



BLACK TEA

- Assam - Premium (Organic)**
Robust, full body, the perfect breakfast cup
- Darjeeling, Makaibari Estate - Premium**
Autumnal flush, mild and floral, the 'champagne of teas', tolerates a drop of milk
- Ceylon Black - Premium (Organic)**
A great all-day tea, full bodied but not too strong
- English Breakfast - Premium (Organic) - DECAF AVAILABLE**
The familiar cup of regular black tea, good any time of day
- Irish Breakfast**
Full bodied. Stronger than English Breakfast.
- Fall Equinox**
Mild black tea with orange peel, almonds, cinnamon spice and rose petals
- Cherry Lemon**
Black tea with cherry & lemon, fruity and tangy
Great hot or iced!
- Tango Squeeze**
Black tea with mango & orange, perfectly balanced, our house iced tea
- Coconut Vanilla**
Black tea with coconut and vanilla
Smooth and creamy
- Tulsa Rose Garden**
Ceylon tea with rose petals and safflower
- Lavender Earl Grey**
Black tea with the distinct flavoring of bergamot and sprinkled with lavender

CHAI

- Chai (Organic)**
Authentic, richly spiced, creamy in taste, black tea with spices
- Coconut Chai**
Chai with a twist, spicy with the creamy taste of coconut
- Chocolate Chai**
Decadent, spicy Chai with the taste of chocolate
How can you resist?
- Temple Chai (Organic)**
Fragrant with the distinct taste of Cardamom - Delicious!

OOLONG

- Lychee Oolong - Premium**
Artisan green Oolong with the fresh taste of Lychee
Delicately fruity - Superb!
- Kwan Yin in Tulsa - Premium (Organic)**
Ti Kwan Yin, the well-known Iron Goddess of Mercy, mellow, slightly toasty, good for digestion
- Buddha’s Blend - Premium (Organic)**
Organic Oolong & Jasmine

WHITE TEA

- Champagne Berry - Premium**
White tea with champagne and raspberry flavor
- White Melon - Premium**
Organic pai mu tan w/essence of melon
Great iced.

TEA MENU

GREEN

- Genmaicha**
Bancha green tea with popped corn and toasted rice; Nutty, roasted taste, good with food
- Green Citrus - Premium (Organic)**
Organic Green with ginger, orange and peach
Fruity and Zesty!
- Moroccan Mint**
Green tea & mint, the most popular green blend in the world
- Green Country (Organic)**
Green with orange, rose petals and an underlying note of almonds. Soothing!
- The Farm’s Secret Garden**
Sencha, jasmine tea, lavender, mint, flowers, with peach and chocolate flavors. Fragrant!
- Strawberry Sencha**
Green tea with strawberry pieces, peppermint rose hips, lemon myrtle, Tulsi with strawberry & vanilla flavor
- Great Pumpkin - Premium (Seasonal)**
Green tea with vanilla, pumpkin & cream
- Orange Ginger Jasmine**
China Jasmine Green with ginger root, ginger and orange flavoring
- Turkey Mountain - Premium**
Fresh, fruity, slightly astringent

FLOWERING/BLOOMING

- Jasmine Globe - Super Premium**
Green tea with a pink globe amaranth flower, infused with jasmine
- Peach Fairies - Super Premium**
Green tea, chrysanthemum, a string of seven jasmines, with a hint of peach
- Double Happiness - Super Premium**
Green tea with a double set of amaranth, chrysanthemums and jasmine flower
- Guava Flower - Super Premium**
Green tea with a lily-like orange flower and guava flavor

PRICES

TEA	FLOWERING TEA
2-cup pot \$3	4-5-cup pot \$8
4-cup pot \$4.50	CHAI TEA
PREMIUM TEA	10-oz. cup \$4.50
2-cup pot \$4	<i>Comes with milk</i>
4-cup pot \$5.25	<i>& sweetener</i>

* almond milk available upon request for additional .50

BOTTLED WATER: \$1



HERBS & HERBAL BLENDS

Peppermint

Good for digestion, Soothing

Spearmint

Clean and minty, Soothing

Yerbe Mate'

The most popular morning drink of South America

Chamomile/Lavender

Blend of chamomile flowers and blue lavender

Orange Ginger Mint

*Ginger root, orange peel, mint, eucalyptus
Ginger/Orange flavor*

Swanderland Mint

Peppermint leaf, ginger root and lemon peel

Ginseng Zingo

*Herbal boost with Ginseng, licorice, mint, hibiscus,
lemongrass, passion flowers, St. John's wort
and lemon flavor*

H2O Detox - (Best Seller)

*Holy basil (Tulsi), spearmint, rose hips,
lemon myrtle and Indian flowers*

Spring Equinox - (Seasonal)

*Licorice, honey bee pollen, peppermint,
hibiscus, eucalyptus & Tulsi*

Turmeric Relief - (Organic)

*Blended to provide comfort and relief.
Organic honeybush & Rooibos, turmeric,
cinnamon chips, whole black pepper,
ginger root & honey bee pollen*

HERBAL AYURVEDIC BLEND

Agni (Fire Pitta)

*Cardamom, saffron, licorice root, fennel, ginger root,
cinnamon, rosebuds, lemongrass, rose scent*

Vayu (Air Vata)

*Chamomile, saffron, licorice, ginger, fennel,
rose, spearmint, rose hips, lemongrass, Tulsi,
natural orange flavor*

Prithvi (Earth/Water Kapha)

*Ginger, saffron, black pepper, licorice, mint, clove,
cardamom, fennel, cinnamon, Tulsi, safflowers,
sambuca flavor*

Aakash (Space)

*Cardamom, saffron, licorice, fennel, ginger,
cinnamon, rosebuds, lemongrass and rose scent*

ROOIBOS (NON-CAFFEINATED)

Red Bush Rooibos - (Premium, Best Seller)

South African Red Bush with vanilla and citrus

Coco Rooibos - (Premium)

Rooibos with vanilla and shredded coconut

Tall Grass Prairie - (Premium)

*Green Rooibos, honeybush, rose hips
& pomegranate flavor*

Golden Roy - (Premium)

Roobios with caramel and chocolate flavor

TEA MENU

CHOCOLATE ELIXIRS

American

70% dark chocolate, evaporated cane juice, madagascar vanilla

Modern Mexican

*72% dark chocolate, canela, roasted almonds, organic
evaporated cane juice, mexican vanilla*

1775 Marie Antoinette

*70% dark chocolate, orange blossom water, organic evaporated
cane juice, ceylon cinnamon, vanilla and culinary orange
blossom essential oil*

Tzul

*70% dark chocolate, 36% caramelized milk chocolate, whole milk,
cacao beans, mexican vanilla, organic spice blend*

BOTANICAL ELIXIRS

New Pathways Botanical Elixir

*Flower essences: angel's trumpet, forget-me-not, trillium,
rose quartz, kukui, watermelon tourmaline, mariposa lily*

Heart Connection Botanical Elixir

*Flower essences: Hawthorne, wild rose, moss, oregon opal,
pineapple*

Headache, Allergy Sinus Relief Botanical Elixir

*Flower essences: Trailing blackberry, CA poppy, starry solomon
seal, indian pipe, bleeding heart.*

FRUIT TISANE

Mango Moon - (Premium)

*Papaya, hibiscus, currants, pineapple, berries,
coconut, yogurt granules and flavor*

Paradise in Midtown - (Premium)

*Taste of passionfruit and orange. Berries, hibiscus,
papaya, orange, currants, passionfruit*

Warm Toasted Almond - (Premium)

*Warm inviting, reminds you of a Cinnamon!
Apple, almonds, cinnamon and beetroot*

Cranberry Orange - (Premium)

*Cranberries, orange, citrus flavoring,
hibiscus and Rooibos*

Warm Apple Pie - (Premium)

*Cinnamon chips, apple pieces, roobios, marigold flowers,
and apple/cinnamon flavors*

HOUSE SPECIALTIES

Iced Matcha Latte - \$4.75 (16oz)

Made with rice milk, agave and cinnamon

Hot Matcha Latte - \$4.75 (10oz)

Made with whole milk and honey

Traditional Hot Matcha - \$4.75 (10oz)

Whisked with hot water

Shot of Matcha - \$3.75 (3oz)

*Matcha mixed with pineapple juice.
Perfect before floating or meditation*

SMOKY

Lapsang Souchong

Mainland China smoked tea